Japanese Psychiatric Nurses Association



The purpose of psychiatric nursing is to support a person who needs mental health assistance to fulfill his or her life with individual dignity through recovery of personal autonomy, while setting the dignity of the individual and the protecting the basic rights of the person as the fundamental principle and applying professional expertise and skills. (May 2004)

The Great East Japan Earthquake Supporting Activities

Headquarter for the Disaster Response

1. Information Gathering and Release

JPNA investigated the suffering situation just after the earthquake disaster and reported the collected data to its branches in 47 prefectures. Three months later, a survey was conducted to find out the actual condition of the members in earthquake devastated areas, and released this information to the public mainly through the association HP.

2. Cooperation with affected branches

JPNA visited the affected branches just after the earthquake disaster, and supported the branches to restart their activities. JPNA held the Tohoku Reintegration Conference in July 2011, and also supported in the Miyagi Branch Convention in October 2011 and the Fukushima Branch Convention in January 2012.

3. Collection and Dispatch of Relief Supplies

JPNA collected relief supplies immediately after the earthquake disaster. More than 800 cardboard boxes of relief supplies were donated, which were sent to the affected member institutions and individuals.

4. Subscription and Membership Fee Exemption

JPNA immediately started to collect subscription dues after the earthquake disaster. At the end of December 2011, about 19,520,000 yen was gathered, which was delivered to 1,024 suffering members. 96% of the funds were distributed to the following members as of January 15, 2012; 46 with houses completely destroyed, and 110 with houses partially destroyed, 866 with houses partial damaged, 2 who were deceased. The number of fee exemption members is 1,058 as of January 23, 2012.



Staff and volunteers at Big Palette Fukushima



Local health nurses and a volunteer coordinator at Big Palette Fukushima

5. Physical Support (Volunteer Dispatch)

JPNA dispatched volunteers to the member institution in Miyagi from mid-April to early May 2011. In collaboration with the Fukushima branch, JPNA sent volunteers to Iwaki City to work with the mental care team during the early May holiday season in 2011.

From mid-May to the end of July 2011, JPNA dispatched volunteers to support night duties at the first-aid station in Big Palette Fukushima, based on the request of Fukushima Prefecture. A full-time local coordinator, arranged by JPNA, was stationed there during the volunteer dispatch. In addition, a staff member was sent to the mental care team of Soso area for one month (October 2011) on the request of Fukushima Prefecture. The cumulative total number of volunteers JPNA dispatched is more than 500.

6. Educational Support (Workshops, etc.)

Study sessions and case conferences are held periodically for home-nursing-care staff of Ishinomaki City, etc. Lectures by JPNA chairman were carried out at the Miyagi Branch Convention (October) and the Fukushima Branch Convention (January). The Disaster Support Forum was held in the Net Kyushu in November, 2011.

In three prefectures of the affected Tohoku region, JPNA held workshops on psychiatric nursing guidelines and ethics as projects based on government policies. The top management study session is scheduled to be held in March 2012. During fiscal year 2012, the JPNA educator certification commission plans to conduct study sessions on specific topics in the Tohoku region.

7. Coordination with Public Administration

By the request of the Nursing Division, the Ministry of Health, Labor and Welfare (MHLW), JPNA started the volunteer registration immediately following the earthquake disaster. About 50 persons were registered. In addition, JPNA utilized the JPNA Kyoto Seminar House for use as a refuge dwelling for Kyoto City. During the volunteer dispatch, reports on the implementation status were given periodically to the Nursing Division, MHLW. JPNA has examined proposals regarding support projects with the Mental Health and Disability Health Division, MHLW since June 2011, and has assisted in Secure Staff Resources since December 2011.

Volunteers were dispatched for projects at the Big Palette Fukushima and in the Soso area based on the request from Fukushima Prefecture.



Volunteering in a member institution together with the nurse director



Sorting relief supplies

O Main Activities

In order to achieve the purpose of the association, JPNA focuses on activities in the areas of education, training, and research for providing sufficient nursing practices. The development of the academic oriented research of psychiatric nursing and the ability to respond appropriately to the needs of people who require assistance of mental health is the goal of the JPNA.

The Kyoto Training Center, beside the Tokyo Training Venue, was opened in 2007. Study sessions are held throughout a year.

JPNA Annual Conference, the Japanese Psychiatric Nurses Association Conference

The Japanese Psychiatric Nurses Association Conference in May has been organized annually for nurses all over the country since 1958. Based on the special theme for a particular year; symposiums, research presentations, lecture meetings, etc. is held. The improvement of professional skills and enrichment of nurses' personalities in order to play a vital role in mental health care activities is the association's goal.

Specialized Study Sessions

Study sessions are positioned as the triggers to enhance the degree of specialization and are held twice a year.

Specialized Study Session I

The target domains are Child and Adolescent Psychiatric Nursing, Psychiatric Pharmacotherapy Nursing, Substance Abuse Nursing, Seclusion and Restraint Free Nursing, Forensic Mental Health Nursing, research measures, and education related fields.

Specialized Study Session II

The target domains are Psychiatric Home Visit Nursing, Depression Nursing, Medical Psychiatric Nursing, Psychiatric Discharge Planning, Geropsychiatric Nursing, elderly care, and social welfare related fields.

Workshops

Based on its annual plans, JPNA offer various workshops for in-service education of those who are engaged in psychiatric nursing practices. The aim is to improve professional skills of psychiatric nursing and contribute to cultivate practical clinical ability.

* Psychiatric Nursing Training Leader Workshop is designated as one equivalent to Nursing Training Leader Session (conducted by Prefecture authorities) that is defined in "the Guidance related to Management of Nurse Training Center" of the Ministry of Health, Labor, and Welfare.

Research Support Program

JPNA established the research support program to provide a research subsidy to JPNA members in 1990 for the promotion of the academic study of psychiatric nursing and for the improvement of the quality of nursing.

Psychiatric Nurse Credentialing System

The system to certify psychiatric nurses was formed in FY 1994. In FY 1995, training for nurses began for the credentialing system. The 1st psychiatric certified nurse was endorsed in April, 1997.

Purpose

JPNA aims at improving the quality of nursing care in practices, by sending certified psychiatric nurses who are able to provide higher quality nursing based on outstanding nursing skills and expertise in the field of psychiatric nursing to society.

Role

Certified psychiatry nurses are recognized to have outstanding nursing skills, knowledge, and practical abilities in the registered psychiatric nursing domains. In addition, they are expected to play a leading role for the following:

- 1. To perform appropriate nursing in specialized fields, using excellent nursing practices
- 2. To provide consultation of specialized fields to nurses in other fields
- 3. To cooperate with relevant medical teams in order to provide high-level nursing practice in specialized fields
- 4. To accumulate the nursing skills and expertise in specific nursing fields

Specialization

- 1. Psychiatric Discharge Planning Nursing
- 2. Seclusion and Restraint Free Nursing
- 3. Depression Nursing
- 4. Psychiatric Home Visiting Nursing
- 5. Psychiatric Pharmacotherapy Nursing

- 6. Forensic Mental Health Nursing
- 7. Child and Adolescent Psychiatric Nursing
- 8. Substance Abuse Nursing
- 9. Medical Psychiatric Nursing
- 10. Geropsychiatric Nursing

Mental Health and Welfare Activities and Social Contributions

The JPNA aims at improving the mental health of people for healthy social life as well as carrying out activities in order to develop the perception of the general public concerning people who need mental health assistance and to encourage these people to return to normal or acceptable function in society.

Heartful Day



July 1 (the effective date of Mental Health Act) was established as "Heartful Day" in 1998. Various events have been implemented across the country for general public awareness regarding mental health. The JPNA will contribute to society through "Heartful Day" activities.

Mental Health and Welfare Forum

"Seishin Eisei Hou (Mental Health Law)" was renamed as "Seishin Hoken Hou (Mental Health Law)" on July 1, 1988. Partial revisions were conducted on April 1, 1994 and on April 1, 1995, and it was renamed as "Law related to Mental Health and Welfare of the Persons with Mental Disorder". In the process of transition, the "Mental Health and Welfare Forum" on "the day of Handicapped People (December 9)" has been held since 1998 in order to reflect deeply on the challenges and issues of mental health care and welfare with other professionals.

In the future, the forum will be held annually taking up the urgent issues related to mental health, medical care, and welfare as the forum theme.

Cooperation with related organizations in mental health and welfare

- JPNA is a member of the Japanese Federation for Mental Health and Welfare, the Mental Health Nursing Labor Union Conversazione, etc. Mental health activities were promoted in collaboration with these relevant organizations.
- JPNA exerts an effort to send representatives to the investigative commission concerning the future state of mental health care and welfare conducted by the social security council and makes a proposal for policies related to people who need mental health assistance.

Publication of Periodicals and Technical Books, Welfare, Services for JPNA Members

Publication of "Nursing Star"

JPNA has published the monthly "Nursing Star (JPNA news)" since July, 1958 to introduce the latest topics about psychiatric care and nursing with serial reports useful for clinical psychiatric nursing practices.

In addition, the periodicals publish association activities, situations of branches, and readers' opinions and play a role of public relations to enhance public awareness.



Welcome to JPNA website

The latest information is released in "What's New". The association's activities are introduced throughout the website.



URL: http://www.jpna.jp

Welfare Programs

Commendation

• JPNA commends people for distinguished merits or people who have exerted oneself for JPNA activities at JPNA national conference as "people of merits" and "excellent members." These people of merits are recommended to local and national public entities and other related organizations.

Condolence Money Program

· JPNA established the condolence money program to support the welfare of its members.

History

July 15, 1947	"All Japan Male Nurse Association" (AJMNA) was established aiming at the improvement of psychiatric nursing skills and the promotion of friendship among workers. About 50 male nurses participated.
May 31, 1958	AJMNA was positively liquidated and re-established as "Japanese Psychiatric Nurses Association" for both male and female members. JPNA became an academic-oriented association for professional skills and expertise. (800 members, 5 branches)
June 1, 1958	The 1 st Japanese Psychiatric Nurses Association Conference was held.
May 15, 1976	JPNA was authorized by the Ministry of Health and Welfare and soon became an incorporated association. (17,013 members, 45 branches)
April 1988	JPNA established a branch in each prefecture throughout Japan. (25,402 members, 47 branches)
May 1994	The Psychiatric Nurse Credentialing System was established.
March 1997	Total number of members exceeded 30,000. (30,483)
March 2002	Total number of members exceeded 40,000. (40,203)
May 29, 2007	Kyoto Training Center was opened in Hotel Regina Kyoto (Kyoto City).
March 28, 2009	Kyoto Training Center was relocated to Karasuma Building (Kyoto City).
April 20, 2009	Tokyo Training Venue was relocated to Canal Building (Shinagawa, Tokyo).

Outline

Corporation authorized: May 15, 1976

(Approved by the Ministry of Health and Welfare)

Representative

Chairman Tamio Sueyasu

Aims

This association contributes to improve people's health and welfare, by developing professional skills and good personalities of those engaged in psychiatric nursing, by enhancing psychiatric nursing practices, by promoting the social rehabilitation of people affected by mental problems, and by spreading the concept of mental health care to the public.

Board members

(1) 22 directors (2) 3 auditors



Kyoto Training Center Kyoto Sunway Karasuma Line Sagano Line Marutamachi Nijo Nijojomae SanjyoKeihan KarasumaOike Karasuma Sakaisuji Line HankvuKvoto Line Shijo Kawaramachi Kvoto $\overline{\mp}$ 604-8166 Karasuma Building 8F, 85-1 Mikuracho, Nishiiru Sanjodori Karasuma, Chukyo-ku, Kyoto Access: About 6 minutes from Kyoto Station Karasuma subway 1 minute walk from Karasuma Oike Station



Japanese Psychiatric Nurses Association

Tokyo Training Venue

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